



#### Systemwide changes:

- Chartwells transitioned the five schools to menus that have eliminated frozen, canned and processed foods in favor of daily scratch cooking with fresh, local ingredients and added vegetarian options
- Hot entree and grill items are now part of a complete lunch which includes the entree/grill item, a vegetable, a fruit and a drink for the same price as before: \$3.00 at the elementary schools and \$3.75 in the Middle and High Schools, so parents are getting more for their money
- The Nutrislice website and app has interactive menus with allergens and nutritional information for all menu items

#### Purchasing tips:

- Cashiers encourage students to use a PIN when making a purchase in an effort to maintain account activity detail for parents to view
- Cashiers encourage students to add change from a cash transaction to their account in an effort to increase the speed of checkout service and to ensure funds are available for next time, however, change will always be given if requested
- Parents MUST submit in writing any purchasing limitation requests to the Food Service Director, Alan Levin at [foodservice@ryeschools.org](mailto:foodservice@ryeschools.org)
- Free & Reduced Lunch Applications MUST be renewed annually, applications can be found on the food service page of our website



## Elementary Schools

### **Now**

Scratch-cooked food prepared daily

\$3.00 entree price includes entree, veggie, fruit and drink

Pizzas made on-site

Chicken entrees made from fresh chicken breasts

Meatballs/tacos/burgers made fresh

French toast casserole from baguettes and eggs

Vegetables fresh or frozen

Fresh fruit/melon

Roasted red potatoes

Gone: Processed foods, canned fruit and veggies

New: Fresh salads available every day: chicken caesar, chef salad, plain caesar salad, plain tossed salad, fruit salad

Hummus, veggies, grapes and pita chip lunch

Bagel lunch is now served with yogurt, cheese stick, grapes and carrots

Snack options:

Baked cookie 1x/week and ice cream 2x/week

1 snack option per day: baked chips, raisins, popcorn, pretzels, 100 calorie chips ahoy.

Pricing:

\$3.00 lunch includes entree, veggie, fruit and drink (milk or juice or both)

\$3.25- \$3.75 sandwiches includes fruit and drink (milk or juice or both)

Snack/drink pricing: see separate list

### **Before**

Frozen processed entrees

\$3.00 entree price included entree only - other items sold separately

Frozen processed pizzas

Frozen processed chicken patties, nuggets

Frozen pre-made meatballs, taco meat, burger patties

Frozen french toast sticks

Some canned vegetables

Some canned fruit

French fries

Send feedback to [foodservice@ryeschools.org](mailto:foodservice@ryeschools.org) or rate entree items on the Nutrislice app

## Rye Middle School

### **Now**

Same menu as HS - several hot entree choices

All stations offered as a complete lunch including vegetable, fruit, milk/juice

Custom sandwich (salami, ham, turkey, sun butter/jelly) w/veg/condiment

Grill used daily during lunch

Fresh vegetables

Daily hot vegetarian entrée with whole grains: farro, quinoa, whole grain rice

Fresh salads, fruit salads, organic parfaits with fresh berries

Variety of snacks and beverages

Gone: Processed foods

New: Vegetable variety: purple cauliflower, asparagus, butternut squash, tri-color carrots and potatoes

Deli sandwich bar with vegetable toppings and condiments

Snack/beverage options: See separate list

Pricing:

\$3.75 hot lunch center plate lunch includes veggie, fruit and drink (milk or juice or both)

Grill pricing changes to reflect grill item (from \$2.50-\$5.00)- meal includes fruit and drink

Deli sandwich pricing varies based on meat - meal includes fruit and drink

Snacks \$0.50-\$2.50

Send feedback to [foodservice@ryeschools.org](mailto:foodservice@ryeschools.org) or rate entree items on the Nutrislice app

### **Before**

Same menu as elementary school - 1 hot entree

Vegetable, fruit, milk/juice sold separately

Pre-packaged "dry" sandwiches: turkey or ham

Grill used to pre-prepare food

Frozen/canned vegetables

No vegetarian entree

Canned fruit

Snapple and juice only

## Rye High School

### **Now**

All stations offered as a complete lunch including vegetable, fruit, milk/juice  
Free deli toppings bar with 12 fresh vegetable toppers and 8 sauces  
Only fresh vegetables  
Daily hot vegetarian entrée with whole grains: farro, quinoa, whole grain rice  
Fresh salads, fruit salads, organic parfaits with fresh berries  
Variety of snacks and beverages

### **Before**

Vegetable, fruit, milk/juice sold separately  
Lettuce, tomato, mustard, mayo  
Frozen/canned vegetables  
No vegetarian entree  
Canned fruits  
Snapple and juice only

Fun fact: The High School cafeteria prepares over 300 pounds of fresh produce daily for the entire district

Gone: Carb-heavy meals

New: Deli sandwich toppings bar: cucumbers, spinach, onion, peppers sauces including pesto, spicy sriracha mayo, BBQ  
Vegetable variety: brussel sprouts, purple cauliflower, asparagus, butternut squash, tri-color carrots and potatoes, bok choy and swiss chard, beets and golden beets.

Fat free frozen yogurt machine

Snack/beverage options: See separate list

Pricing:

\$3.75 hot lunch center plate lunch includes veggie, fruit and drink (milk or juice or both)

Grill pricing changes to reflect grill item - \$ 2.50 - \$ 5.00 meal includes fruit and drink

Deli sandwich pricing varies based on meat - meal now includes fruit and drink

\$0.50 - \$2.50 Snacks

Send feedback to [foodservice@ryeschools.org](mailto:foodservice@ryeschools.org) or rate entree items on the Nutrislice app

## Elementary Beverages

- Dasani Water 10oz - \$ 0.60
- Milk - \$ 0.40
- Mott's Juice Box - \$ 0.75

## Elementary Snacks

- Fresh Fruit - \$ 0.50
- Cheese Stick - \$ 0.50
- Danimal Yogurt - \$ 0.75
- Chocolate Pudding - \$ 0.75
- Baked Cookie - \$ 0.75
- Ice Cream - \$ 1.00
- Popcorn - \$ 1.00
- Baked Lays - \$ 1.00
- Chips Ahoy 100 Calorie Pack - \$ 1.00
- Oreo 100 Calorie Pack - \$ 1.00
- Cheez-it Crackers - \$ 1.00
- Scooby Graham Cracker - \$ 1.00
- Goldfish - \$ 1.00
- Pretzels- \$ 1.00
- Annie's Bunnies - \$ 1.00
- Teddy Grahams - \$ 1.00
- Raisins - \$ 0.50
- Stacy's Pita Chips \$ 1.25

## Middle School Beverages

- Essentia Water - \$2
- Sparkling Ice - \$2
- Honest Tea - \$2
- V-8 Splash - \$2
- Tropicana Juice - \$2
- Vitamin Water - \$2
- Snapple - \$1.75
- Hint Water - \$2
- Dasani Water - \$1
- Stonyfield Organic Smoothie \$2
- Smart Water - \$2
- Naked Smoothie - \$2.50
- Bai - \$2
- Nesquik - \$2
- Core Water \$2.50
- Organic Core Flavor \$2.50
- Perrier - \$2
- Zico Coconut Water - \$2
- San Pellegrino - \$2
- Milk - \$0.40
- Capri Sun 100% Juice - \$0.75

## Middle School Snacks

- Assorted Donuts - \$ 1.00
- Assorted Muffins - \$ 1.75
- Baked Cookie - \$0.75
- Baked Lays - \$ 1.00
- Doritos - \$ 1.00
- Stacy's Pita Chips \$ 1.25

### **Middle School Snacks (continued)**

- Sun Chips \$ 1.25
- Chipwich - \$ 1.75
- Marino's Italian ices - \$ 1.75
- Sabra Hummus with Pretzels \$ 2.50
- Guacamole with Chips - \$ 2.50
- Kettle Brand Chips - \$ 1.25
- Cheetos - \$ 1.00
- Smartfood Popcorn - \$ 1.00
- Lay's Kettle Chips - \$ 1.25
- Way Better Tortilla Chips - \$ 1.50
- Simply 7 Lentil Chips - \$ 1.50
- Simply 7 Parmesan Popcorn - \$ 1.50
- Food Should Taste Good Chips - \$ 1.50
- Beanfield's Tortilla Chips - \$ 1.50
- Organic Ground Snacks Chips - \$ 1.50
- Vegan Rob's Asparagus Chips - \$ 1.50
- Yogurt Loaf - \$ 1.75
- Smashmallow Crispy Bars - \$ 1.50
- Rice Krispie Treat - \$ 1.00
- Smores Pop-Tart - \$ 1.50
- Fruit Rollups - \$ 0.50
- Sensible Portions Veggie Chips - \$ 1.25
- Pirate's Booty - \$ 1.50
- Skinny Popcorn - \$ 1.50
- Angie's Popcorn - \$ 1.50
- Home Free Gluten Free Cookies - \$ 1.50
- One Potato, Two Potato Chips - \$ 1.50
- Made Good Granola Bar - \$ 1.00
- Organic Annie's Homegrown Friends - \$ 1.00
- Organic Annie's Fruit: Bites, Snacks, Bar - \$ 1.00
- Terra Chips - \$ 1.50
- bare Apple Chips - \$ 1.50
- popchips - \$ 1.25
- Cascadian Farm Granola Bar \$ 1.25

- Fudge Stripe Cookies \$ 1.00
- Oreo Cookies - \$ 1.00
- Stonyfield Yogurt Parfait w/ Fresh Berries - \$ 4
- Hot Pretzel - \$ 1.75
- Rold Gold Pretzel - \$ 1.00
- Goldfish - \$ 1.00

### **High School Beverages**

- Essentia Water - \$2
- Hal's Seltzer Water - \$2
- Sparkling Ice - \$2
- Body Armor - \$2
- Honest Tea - \$2
- V-8 Splash - \$2
- Tropicana Juice - \$2
- Vitamin Water - \$2
- Snapple - \$1.75
- Dunkin Donuts Iced Coffee \$2.50
- Cold Brew Coffee \$3.00
- Hot Beverage – Small \$ 1.50 / Large \$ 2.00
- Hint Water - \$2
- Dasani Water - \$1
- Stonyfield Organic Smoothie \$2
- Smart Water - \$2 / 1 liter \$3
- Naked Smoothie - \$2.50
- Bai - \$2
- Aloe Gloe Beverage - \$2.50
- Fairlife Smoothie - \$ 3.00
- Gold Peak Iced Tea - \$2
- Nesquik - \$2
- Core Water \$2.50
- Organic Core Flavor \$2.50
- Long Island Iced Tea - \$2

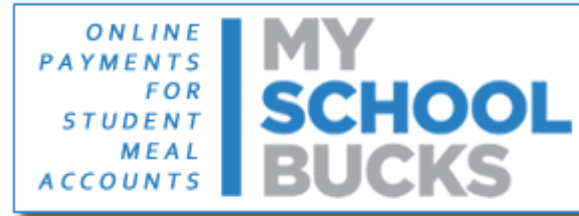
### High School Beverages (continued)

- Perrier - \$2
- Zico Coconut Water - \$2
- San Pellegrino - \$2
- Milk - \$0.40
- Capri Sun 100% Juice - \$0.75

### High School Snacks

- Assorted Donuts - \$ 1.00
- Assorted Muffins - \$ 1.75
- Baked Cookie - \$0.75
- Baked Lays - \$ 1.00
- Doritos - \$ 1.00
- Stacy's Pita Chips \$ 1.25
- Sun Chips \$ 1.25
- Frozen Yogurt \$ 2.50 / \$ 3.50 SM/LG
- Chipwich - \$ 1.75
- Marino's Italian ices - \$ 1.75
- Sabra Hummus with Pretzels \$ 2.50
- Guacamole with Chips - \$ 2.50
- Kettle Brand Chips - \$ 1.25
- Cheetos - \$ 1.00
- Smartfood Popcorn - \$ 1.00
- Lay's Kettle Chips - \$ 1.25
- Way Better Tortilla Chips - \$ 1.50
- Simply 7 Lentil Chips - \$ 1.50

- Simply 7 Parmesan Popcorn - \$ 1.50
- Food Should Taste Good Chips - \$ 1.50
- Beanfield's Tortilla Chips - \$ 1.50
- Organic Ground Snacks Chips - \$ 1.50
- Vegan Rob's Asparagus Chips - \$ 1.50
- Yogurt Loaf - \$ 1.75
- Smashmallow Crispy Bars - \$ 1.50
- Rice Krispie Treat - \$ 1.00
- Smores Pop-Tart - \$ 1.50
- Fruit Rollups - \$ 0.50
- Sensible Portions Veggie Chips - \$ 1.25
- Pirate's Booty - \$ 1.50
- Skinny Popcorn - \$ 1.50
- Angie's Popcorn - \$ 1.50
- Home Free Gluten Free Cookies - \$ 1.50
- One potato, Two Potato Chips - \$ 1.50
- Made Good Granola Bar - \$ 1.00
- Organic Annie's Homegrown Friends - \$ 1.00
- Organic Annie's Fruit Bites, Snacks, Bars - \$ 1.00
- Terra Chips - \$ 1.50
- bare Apple Chips - \$ 1.50
- popchips - \$ 1.25
- Cascadian Farm Granola Bar \$ 1.25
- Fudge Stripe Cookies \$ 1.00
- Oreo Cookies - \$ 1.00
- Stonyfield Yogurt Parfait with Fresh Berries - \$ 4
- Hot Pretzel - \$ 1.75
- Rold Gold Pretzel - \$ 1.00



The District changed its online food service payment provider to MySchoolBucks.

### **Switching to MySchoolBucks**

We believe most parents/guardians have found making the switch to be relatively easy. Student account balances and PIN numbers were transferred over, and all parents/guardians had to do was connect a payment method to their students using their name and date of birth or their student ID. If you still need assistance switching to MySchoolBucks, please contact MySchoolBucks Customer Support at 1-855-832-5226.

### **Transfers Between Student Accounts**

Unfortunately, MySchoolBucks does not allow transfers of funds between students via the app or online. If you need to transfer funds from one student account to another, you should contact the Food Service Department at 914-967-6100, ext. 1971, or email [foodservice@ryeschools.org](mailto:foodservice@ryeschools.org). Food Service can make the transfer for you. Please provide the dollar amount to be transferred; the student name, school and grade to transfer to; and the student name, school and grade to transfer from.

### **Minimizing MySchoolBucks Transaction Fees**

We understand that over the course of a school year, transaction fees (\$2.49 per transaction) can add up. We asked MySchoolBucks for a solution and they provided two suggestions:

- 1. Refill multiple student accounts at a time-** To save on transaction fees, replenish two or more student accounts at the same time, and then press the “Fund Now” button. You will be charged one fee for refilling multiple student accounts.
- 2. OnePay-** MySchoolBucks offers a service called “OnePay” wherein parents can pay a one-time (per year) fee of \$12.95 for a single student, or \$26.95 for multiple (2 or more) students to allow for unlimited transactions for the school year. Depending on how many deposits you make per year, this service may make sense for you. These one-time charges cannot be charged to a credit card; they must be directly debited from a checking account.

To sign up for OnePay, go to: [www.myschoolbucks.com](http://www.myschoolbucks.com), login as usual, click the blue circle icon next to your name in the upper right hand corner of the screen, and pull down and click on “My User Profile.” Once on that screen, go to the “My Membership” box and click on the orange “Update



Membership” button. Click on the circle next to “OnePay membership for e-checks,” and click “Continue” to proceed to the OnePay membership selection page. If you need help with signing up, please contact MySchoolBucks Customer Support at 1-855-832-5226.

Please remember cash or checks are always accepted at your school’s cafeteria to fund your student’s account. All associated purchasing activity can be viewed using your MySchoolBucks account provided a PIN is used at time of purchase.